## **LEGO® SERIOUS PLAY® for Effectiveness**

Increase collaboration, motivation, and outcomes

"You can learn more about a person in an hour of play than you can from a lifetime of conversation" - Plato

Step beyond traditional facilitation to deepen dialogue, improve team dynamics, and grow your business by achieving higher goals. LEGO<sup>®</sup> SERIOUS PLAY<sup>®</sup> is a methodology that encourages communication, collaboration, and creativity. In alignment with psychology and behavior science, research proves that teams benefit from 100% participation, authentic expression, fresh perspectives, and time savings in problem-solving and decision-making.

## **Play for Business Results**

Choose from these workshops or work with Michelle to design a session that meets your team's needs:

**Alignment:** values, vision, mission alignment as a precursor to strategic planning or a way to spark commitment and motivation

**Manage Change:** discover and address points of resistance, goal alignment, and success measures to lay the foundation for sustainable change

**Project Reflection:** unlock and explore the deep whats and hows of project learnings to improve future project success

**Team Dynamics:** refresh and advance ways-of-working such as communication, role clarity, and collaboration to increase overall team effectiveness

## Why LEGO® SERIOUS PLAY® Works

Fun	Inspirational	Gets to roots	Diversity of thought
Easy	Saves time	Story-making	New & creative ideas
Inclusive	Lowers stress	Clarifies complexity	Breaks down barriers

## **About Michelle**

Michelle's passion is partnering with teams to achieve sustainable change by discovering root causes. She is a strategic partner with over 25 years of experience working with organizations of all sizes and disciplines. Michelle has expertise in maximizing team performance, leadership coaching, facilitation, strategic planning, and issue assessment and resolution. Michelle's operational and revenue-generating success informs her hands-on approach. At the core of Michelle's achievements is aligning strategy with structure, people, and processes. Michelle holds a master's degree in organizational psychology and a BS in finance.

Assessments and Certifications: HBDI and Whole Brain Thinking | EQ-i 2.0, EQ360 | Leadership Versatility Index | Fearless Organization Scan | DEI Workplace | Certified Executive Coach | Lego Serious Play

michelle@mkopconsult.com | MKopconsult.com | 781.820.7440